



# MY DAILY INNER PEACE PAGE

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I listen to my heart.



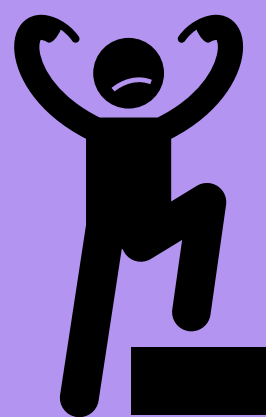
I feel more energetic.



I love and respect myself.



I feel self-confident.



I can let go.



I meditate daily.

